Chex

Chex[™] Holiday Muddy Mix

Servings: 24 | Time: 15 minutes



Ingredients:

- 5 cups Peanut Butter Chex[™] cereal
- 4 cups Chocolate Chex[™] cereal
- 1 cup semisweet chocolate chips
- ½ cup creamy peanut butter
- ¼ cup butter
- 1 teaspoon vanilla
- 1½ cups powdered sugar
- 1 cup candy-coated Peanut Butter M&M'S® (red and green)

Preparation

- 1) In large bowl, add cereals; set aside.
- 2) In 1-quart microwavable bowl, microwave chocolate chips, peanut butter and butter uncovered on High 1 minute; stir. Microwave about 30 seconds longer or until mixture can be stirred smooth. Stir in vanilla. Pour mixture over cereal, stirring until evenly coated. Pour into 2-gallon resealable food-storage plastic bag.
- 3) Add powdered sugar. Seal bag; shake until well coated. Spread on waxed paper to cool completely. Stir in M&M'S®. Store in airtight container.

Tips

- Store in airtight containers so the mixture stays crisp.
- Try different colored candy-coated chocolate candies to customize the mix for the season.
- For over-the-top chocolate and peanut butter flavors, stir in 1/2 cup each peanut butter chips and milk chocolate chips. Or add 1 cup chocolate-covered peanuts for a nutty element!

Nutrition

Serving Size (1/2 Cup): Calories 230 (Calories from Fat 90); Total Fat 10g (Saturated Fat 4.5g, Trans Fat 0g); Cholesterol 5mg; Sodium 140mg; Total Carbohydrate 32g (Dietary Fiber 1g, Sugars 21g); Protein 3g

% Daily Value: Vitamin A 6%; Vitamin C 4%; Calcium 6%; Iron 15%

Exchanges: 1 Starch, 1 Other Carbohydrate, 2 Fat

Carbohydrate Choice: 2